

BRINGING UP GREAT KIDS

Developed by the Australian Childhood Foundation, this program uses mindfulness and reflection to promote respectful parent (carer)/ child relationships. **Please note: This is a 4 session course**

Participants will learn:

- About the origin of their own parenting style and how it can be more effective
- To identify important messages they want to convey to children, and the messages their children communicate
- About the importance of building self-esteem in children
- How to overcome obstacles preventing us from being the parent we want to be, how to take care of ourselves and how to find support



Presenters: Jayne Rayment & Carole Carmichael
Venue: Gawler & District College B-12 Children's Centre
Barnet Road, Evanston. S.A. 5116

Date/Time:

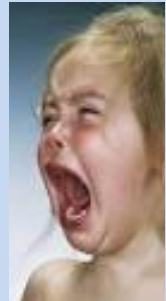
Session 1 - Friday 5th May 2017- 10am to 12pm

Session 2- Friday 12th May 2017- 10am to 12pm

Session 3 - Friday 19th May 2017- 10am to 12pm

Session 4 - Friday 26th May 2017- 10am to 12pm

Morning tea is provided
If you have any questions or would like to attend, please call
Jayne on 85 223 626 or 0418 638 823



Save the Children
Australia



Government
of South Australia



Gawler and District College B-12
Children's Centre
for Early Childhood
Development and Parenting