

# “Free To Write” 2017

Free to Create, Free to Be... Free to Write,

A friendly, informal group for women who want to explore themselves and their lives.

You're Free to explore your experiences with stories, poetry, pictures, journals, stickers, Creativity... whatever you want to say, however you want to say it.

Come along and join others in a supportive group for something different – Creativity, fun, self-reflection, some journaling and a yummy morning tea

No writing experience required.

Free Journal. + All Craft Materials and Resources provided

**FREE CRECHE!**

**LIMITED CRECHE SPACES AVAILABLE**

**- BOOKINGS ESSENTIAL!**

**\*\* Monday Mornings During School Terms \*\***

**Term 2 Starts 1/5/2017 - 9.30am to 11.30am**

Gawler and District College B-12 Children's Centre

Barnet Rd, Evanston SA 5116 (Enter via Gate 6)

Enquiries and To Book Your Child into Crèche:

Call Kim on 8522 3626 or Jayne on 8522 8105

## **Participants Comments**

“This friendly group has changed my life”

“This has been the best thing I have ever done”

“I have learned that I am stronger and more positive than I thought”

“The words just tumble out of me”

“I feel part of a community that listens. I feel valued”

Personal Helpers and Mentors Services (PHaMS)

together with

Gawler & District B-12 Children's Centre

Barnet Road, Evanston, SA



Government  
of South Australia

**ANGLICARES SA**



Gawler and District College B-12  
**Children's Centre**  
for Early Childhood  
Development and Parenting