

Circle of Security

7 week Relationship-Based Parenting Group

Join us as we explore the emotional world of children and parenting

This seven week course will cover how to:

- Understand your child's needs and help them organise their feelings
- Help your child to feel secure in their relationships
- Help your child to engage more in play and learning
- Meet your child's emotional needs during challenging moments
- Understand and better manage your thoughts and feelings



WHERE: Carmina Cafe – Gawler & District College B-12 Children's Centre

WHEN: Tuesdays from 1:00pm-3:00pm

DATES: Commencing 5th September, and finishing on 17th of October

FACILITATOR: Megan Coad – Occupational Therapist

Amy Cawrse – Speech Pathologist

COST: Free

No crèche provided – Young babies (pre-movers) welcome to attend with parents

**To book or to find out more please contact: Megan or Amy on 8522 3626 or
megan.coad@sa.gov.au**

Limited spaces available!



Gawler and District College B-12
Children's Centre
for Early Childhood
Development and Parenting



Government
of South Australia