



# INFANT MASSAGE CLASS FOR PARENTS

Infant massage is a great way for you to bond with your baby while discovering the ways they are communicating with you.

During the course you will learn a sequence of strokes that can support settling, digestion and bonding.

This 4 week course is for parents and caregivers with babies aged birth — 6 months.

Massage oil and materials will be provided. Please bring a towel or blanket for your baby to lie on during the massage.

Facilitated by Occupational Therapist, Megan Coad.

*Limited places available.*

To register please contact Megan:

85223626 or

[megan.coad@sa.gov.au](mailto:megan.coad@sa.gov.au)

*Gawler B-12 Children's Centre*

*Barnet Road, Evanston*

*Tuesdays 2:00pm to 3:00pm*

*8/08/17*

*15/08/17*

*22/08/17*

*29/08/17*

