



Term 3 – 2017

Circle of Security[®]

Free Parenting Group

Creating a more secure relationship with your child



Would you like to learn how to better support your child's emotional needs or why you feel distressed, frustrated or overwhelmed when your child's behaviour is demanding, aggressive or clingy?

This six week course will cover....

- **How to understand your child's needs**
- **How to help them organise their feelings and feel secure in their relationships**
- **How to help your child to engage more in play and learning**
- **How to meet your child's emotional needs through tough times (challenging behaviours, tantrums, attention seeking, being clingy).**
- **How to manage your thoughts and feelings**

**To book or to find out more about this course and if it might be suitable for you call: Jayne on 85 223 626 or 0418 638 823
or email Jayne.Rayment@sa.gov.au**

**Starting: Friday 28th July to 1st September for 6 sequential sessions in total
Time: 10.00am -12.00pm**

Venue: Gawler & District College B-12 Children's Centre

Bookings are essential

Please note – No Child Care Available

Facilitator Jayne Rayment is a Registered Circle of Security © Parent Educator



Gawler and District College B-12
Children's Centre
for Early Childhood
Development and Parenting



**Government
of South Australia**